

## Table of Contents

---

7	<b>Blessing</b> <i>by Karen Gossett</i>
9	<b>Nothing Happens</b> <i>by Twila Miller</i>
17	<b>Listening with My Body</b> <i>by Twila Miller</i>
22	<b>Flight of Motion</b> <i>by Karen Gossett</i>
23	<b>Creative Motion® and the Church Choir</b> <i>by Eileen Auxier</i>
27	<b>Wednesday Afternoon . . .</b> <i>by Christie Tompkins</i>
28	<b>Paradigm for Education . . . a pathway to creative thinking and artistry</b> <i>by Frank A. Heller, III</i>
31	<b>Music As Our Lens</b> <i>by Mary Ann Fritz</i>
38	<b>The hum of the universe</b> <i>by Karen Gossett</i>
39	<b>Toward Consistency and Efficiency in Everyday Habits</b> <i>by Florice Tanner</i>

---